



hotel



wellness



restaurant

our massages

relaxing massage

Treat yourself to a moment of pure relaxation with our relaxing massage. Using gentle and fluid movements combined with essential oils, this soothing treatment eliminates anxiety, improves blood circulation, normalizes lymphatic flow, and promotes deep relaxation and overall well-being.

sport massage

Ideal for athletes and sports enthusiasts, our sports massage uses deep kneading techniques, stretching, and targeted pressure. This deep treatment relieves muscle tension, reduces soreness, and improves flexibility, allowing you to perform at your best.

ayurvedic massage

Immerse yourself in a revitalizing experience with our Ayurvedic massage. This tonic and muscular treatment combines rapid and slow maneuvers to release muscle tension, restart your body's energy metabolism, and restore energy and vitality.

our masseuse will be delighted to welcome you upon reservation. our massages can be cancelled free of charge up to 48 hours in advance. the massage chalet is outside, so we advise you to wear shoes to access it!

price	45 minutes	75 minutes
relaxing, sport or ayurvedic massage	145	200